

2024 SUMMER WATER AEROBICS & LAP SWIM SCHEDULE AT SHELBY AQUATIC CENTER



WATER AEROBICS

Dates: Monday, Tuesday, Wednesday & Thursday- (Shallow and Deep Water)

Starting: Tuesday May 28- Thursday August 8

Time: 11:30am- 12:15am/ Instructors: Francine Unites, Sandy Carpenter, Karen Darby & Dee Greene

Cost: \$2.00 City/ \$3.00 Others

EVENING WATER AEROBICS

Dates: Tuesday & Thursday- (Deep Water)

Starting: Tuesday June 4- Thursday August 8

Time: 6:30pm- 7:15pm/ Instructor- Holli Clark

Cost: \$2.00 City/ \$3.00 Others

Dates: Tuesday & Thursday (Shallow Water)

Starting: Tuesday June 4- Thursday August 8

Time: 6:30pm- 7:15pm/ Instructor: Kathy Forbes

Cost: \$2.00 City/ \$3.00 Others

LAP SWIM

Dates: Monday, Tuesday, Wednesday & Thursday

Starting: Tuesday May 28- Thursday August 8

Time: 11:30am- 12:45pm

Dates: Tuesday & Thursday

Starting: Tuesday June 4- Thursday August 8

Time: 6:00pm- 7:15pm

Cost: \$2.00 City/ \$3.00 Others

If you have any questions, please call 704-484-6826 or 704-484-6821



Visit: www.cityofshelby.com/parks

